

NEWS RELEASE

FOR IMMEDIATE RELEASE: Thursday, August 13, 2020

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COOLING ZONES - PLACES TO BEAT THE HEAT

City of Stockton Arnold Rue and Van Buskirk Community Centers

STOCKTON, Calif. – Extremely high temperatures are expected to continue into the weekend with minimal cooling overnight. City of Stockton Arnold Rue and Van Buskirk Community Centers will be open as cooling zones for those needing to escape the heat. Both centers will be open from 2:00 – 7:00 p.m., Friday and Saturday.

- Arnold Rue Community Center 5758 Lorraine Ave., Stockton 95210
- Van Buskirk Community Center 734 Houston Ave., Stockton 95206

Due to current physical distancing requirements, these locations may have limited capacity. Seating will be offered in the gymnasium area, which is air conditioned. Face coverings and social distancing are required at all times and simple COVID-19 pre-screen questions will be asked at the door. Please bring activities, such as books, games, and computer devices, as sports courts and equipment are not available for use.

The City's pools are open for public swim for a fee of \$2 per person on Friday, Saturday and Sunday. Visit the City of Stockton website for locations and hours at www.stocktonca.gov/pools.

For a list of cooling zones throughout San Joaquin County, please visit the San Joaquin County Office of Emergency Services website at www.sjready.org.

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On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit www.ready.gov/heat.

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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