



NEWS RELEASE

FOR IMMEDIATE RELEASE: Wednesday, August 31, 2022

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COOLING ZONES – PLACES TO BEAT THE HEAT

City of Stockton Community Centers – September 1 – September 7

STOCKTON, Calif. – Extremely high temperatures are expected Thursday of this week through Wednesday of next week. City of Stockton Community Centers will be open as cooling zones for those who need to escape the heat. Areas designated in City of Stockton Community Centers will be open during regular operational hours Thursday, September 1, to Wednesday, September 7:

- September 1: Arnold Rue, Stribley, Van Buskirk Community Centers – open 9:00 a.m. to 8:00 p.m. Seifert Community Center open 2:00 p.m. to 8:00 p.m.
- September 2: Arnold Rue, Stribley, Van Buskirk Community Centers – open 9:00 a.m. to 7:00 p.m. Seifert Community Center open 2:00 p.m. to 7:00 p.m.
- September 3: Arnold Rue, Stribley, Van Buskirk, Seifert Community Centers – open 9:00 a.m. to 5:00 p.m., with Stribley Community Center staying open until 7:00 p.m.
- September 4-5: Stribley Community Center open 1:00 p.m. to 7:00 p.m.
- September 6-7: Arnold Rue, Stribley, Van Buskirk Community Centers – open 9:00 a.m. to 8:00 p.m. Seifert Community Center open 2:00 p.m. to 8:00 p.m.

Community Center locations:

- Arnold Rue Community Center – 5758 Lorraine Ave., Stockton 95210
- Seifert Community Center – 128 W. Benjamin Holt Dr., Stockton 95207

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City of Stockton
News Release – Heat Wave Cooling Zones
Wednesday, August 31, 2022
Page 2 of 2

- Stribley Community Center – 1760 E. Sonora St., Stockton 95205
- Van Buskirk Community Center – 734 Houston Ave., Stockton 95206

Seating will be offered in an air-conditioned area and water will be provided. Face coverings are available at the door. Please bring books, games, and electronic devices that you and members of your household can enjoy while maintaining minimal activity level, as sports courts and equipment are often in use for programmed, scheduled activities.

For a list of cooling zones throughout San Joaquin County, please visit the San Joaquin County Office of Emergency Services website at www.sjready.org.

On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit www.stocktonca.gov/heat or www.ready.gov/heat.

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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