



# Video Visits

Same-day appointments  
on your phone, tablet or desktop

## Same-day appointments for common illnesses like rashes, allergies or infections—all from the comfort of your home

- Available to Sutter Health Plus members with a My Health Online (MHO) account\*
- Covered at your primary care physician visit cost share\*\*
- Every day from 8 a.m. to 8 p.m.

### Video visit in 3 easy steps



#### 1 Log In

Log in to **MHO** at **[mho.sutterhealth.org](https://mho.sutterhealth.org)**.  
Video visits are open to members age 18 months and older.



#### 2 Schedule

Select “Make an Appointment”, then “Video Visit” and pick a time. Schedule a child video visit through Proxy Access.



#### 3 Begin Video Visit

At the time of your appointment, log in to MHO. Select your video appointment. Click “Begin Video Visit.”

*\*Enroll and activate your MHO account by visiting [mho.sutterhealth.org](https://mho.sutterhealth.org).*

*\*\*Refer to the Sutter Health Plus combined Evidence of Coverage and Disclosure Form and Benefits and Coverage Matrix to determine coverage and costs.*

Learn more at **[sutterhealth.org/video-visits](https://sutterhealth.org/video-visits)**

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