

# PHARMACY BENEFITS

## Managing Your Prescriptions

**Sutter Health Plus partners with Express Scripts® for prescription drug benefits, including retail, mail order and specialty prescriptions.**



### **Retail Pharmacy**

Pick up your prescription drugs at most independent pharmacies and chains where you may already shop—CVS Pharmacy, Raley's, Bel Air, Safeway and Walgreens, to name a few.

With the Smart90® program, you can pick up a 90-day supply of your maintenance drugs at a participating retail pharmacy. While you still pay three copays for your 90-day supply, Smart90 may reduce trips to the pharmacy. For a list of participating pharmacies, search Find a Pharmacy on the Express Scripts guest website.



### **Mail Order Pharmacy**

Sign up for mail order pharmacy service through Express Scripts Pharmacy<sup>SM</sup> and receive:

- Up to a 100-day supply, as your benefit plan allows, of your maintenance prescription drugs for the cost of two retail copays
- Free standard shipping of your prescription drugs



### **Specialty Pharmacy**

Specialty drugs are purchased through Accredo®. These drugs are mailed to your home at no cost.

### **Express Scripts Guest Website**

View sample pharmacy cost sharing for some of our most popular benefit plan designs through the guest website, as well as:

- Find a Pharmacy
- Sutter Health Plus formulary
- Price a Medication tool
- Mail order pharmacy information

Visit [sutterhealthplus.org/pharmacy](https://sutterhealthplus.org/pharmacy)



## Transferring Your Prescriptions

If you are new to Sutter Health Plus and you or your covered dependents currently pick up prescription drugs from a pharmacy outside the Express Scripts network, follow these steps to transfer your prescriptions.

### Before Your Effective Date

**Check to see if you have refills left** on your active prescriptions:

- If you have refills available, fill them through your current health plan before your effective date to ensure you have an adequate supply on hand until you establish care with your new Sutter Health Plus provider
- If you do not have refills available, contact your current prescribing provider as soon as possible; refill your prescription through your current pharmacy before your effective date

**Request a written prescription** for your new pharmacy to fill on or after your new health plan effective date.

#### **Check the Sutter Health Plus Formulary**

to see if your prescription drug requires a prior authorization; if so you will need to know about the Medication Continuity of Care process described in your *Evidence of Coverage and Disclosure Form*.

### After Your Effective Date

**If you have refills available**, take your prescription bottle to an Express Scripts network pharmacy for up to a 30-day supply. The Express Scripts network pharmacy will work with your current pharmacy to transfer your prescription.

**If you have a written prescription from a provider**, take it to a network pharmacy for up to a 30-day supply.

**If you take a prescription on a regular basis**, consider using mail order fulfillment through Express Scripts Pharmacy. You may obtain up to a three-month supply, as your benefit plan allows, of your maintenance prescription drugs for the cost of a two-month retail supply.

**If you take specialty medications**, you must fill your prescription through Accredo.

For more information about your pharmacy benefits, including retail, mail order and specialty drugs, please contact Express Scripts Customer Service at **1-877-787-8661** or visit **[express-scripts.com](https://www.express-scripts.com)**.