COVID-19 SYMPTOMS CHECKLIST

NOTIFY YOUR SUPERVISOR IF YOU HAVE ANY OF THE FOLLOWING:

- Fever (100.4 F)
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste of smell

May 14, 2020
Everyone entering this location must follow the rules below:

**Avoid Close Contact**
- Maintain a minimum of 6-feet separation from others.
- Access will be limited to ensure at least 6-feet separation at all times.
- Where lines form, stay within markings.
- Do not shake hands or engage in unnecessary physical contact.

**Clean Your Hands Often**
- Wash hands frequently with soap and water for at least 20 seconds, rubbing vigorously.
- Use hand sanitizer - containing at least 60% alcohol - if soap and water are not available.

**Cover Coughs & Sneezes**
- Do not enter if you have a cough or fever.
- Always cover your mouth and nose with a tissue when you cough or sneeze; throw used tissues in the trash.
- Or, cough or sneeze into the inside of your elbow.

**Clean & Disinfect**
- Frequently touched surfaces, for example, phones, keyboards, key pads, door knobs, counter tops, light switches, elevator buttons, faucet handles and shared pens.

**Face Coverings**
- If you choose to wear a face covering, follow public health agency guidance AND avoid touching your face.
- Social distancing of at least 6-feet is still required when wearing face coverings.

This social distancing protocol applies to anyone entering this location.

For questions, please visit www.stocktonca.gov/COVID19 or (209) 937-8827.

May 14, 2020